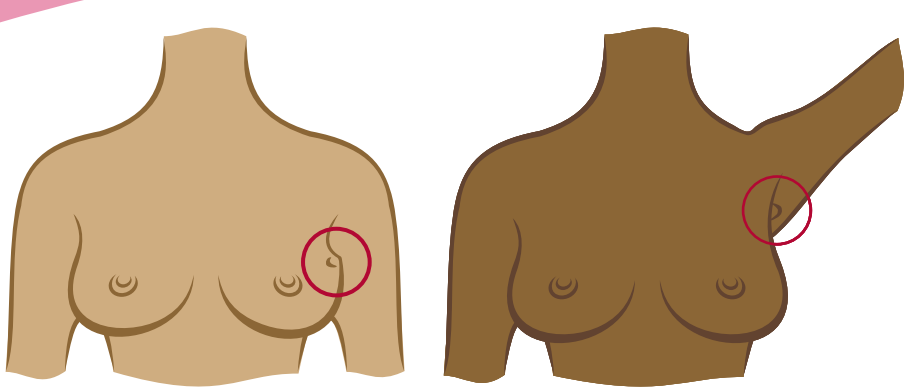
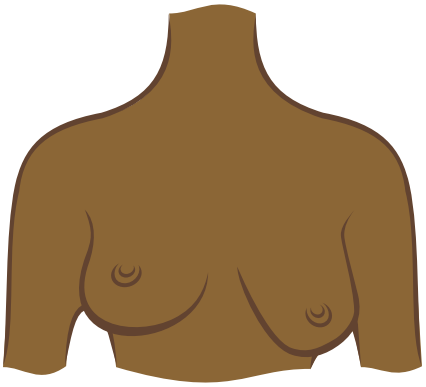
Moenie enige van hierdie simptome ignoreer nie

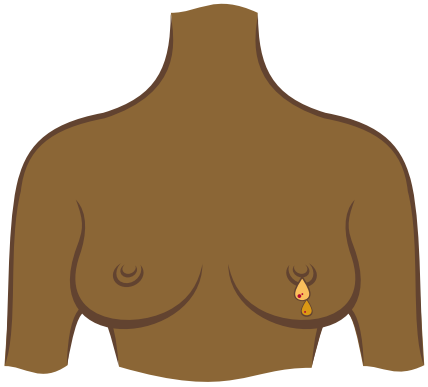
Dit kan borskanker wees.
As dit vroeg opgetel word, kan dit lewens red.



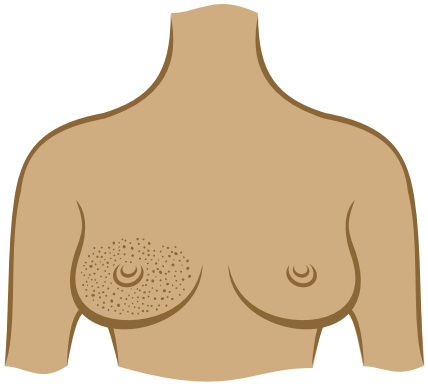
Enige knop of verharding in die bors of onder die arm, met of sonder pyn



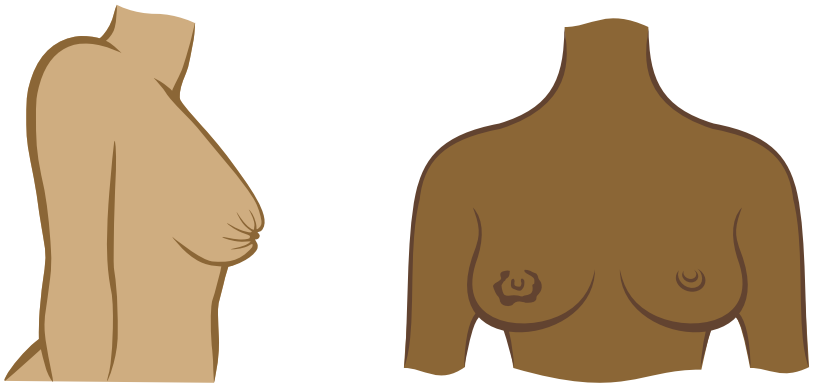
Verandering in die grootte, vorm of voorkoms van jou bors



Ongewone of bloedige vloeistof wat uit die tepel kom



Verandering aan die bors se vel, soos kuiltjies (soos lemoenskil), rooiheid of donker verkleuring



Verandering in die vorm of hoe die tepel lyk, soos as dit na binne toe trek

Gaan na jou plaaslike kliniek of gesondheidswerker toe, selfs al is jy nie bekommerd nie.

AWACAN-ED African aWAreness of CANcer & Early Diagnosis
umtha strategy planning + development
CANSA Cancer Association of South Africa Research • Educate • Support
FUNDED BY NIHR | National Institute for Health and Care Research